



## Activity Sheet:

# Make Bird Pudding

### Resources –

- Saucepan or plastic/glass bowl
- Microwave or hob
- Wooden spoon
- Fir cones, plastic pots, plants pots or other vessels

### Ingredients –

- Lard, suet or dripping
- Wild bird seed (available from pet shops/garden centres)
- Peanuts
- Other kitchen scraps, e.g. crumbs from cake or bread, pieces of fruit (a good way of using windfall apples)

Bird pudding can be given to birds in the colder winter months when food is harder to find. At these times the birds need more food to keep them warm and a supply of fresh water.

The pudding can be given to birds in many different ways. It can be put straight onto the bird table, hung in empty yoghurt pots, coconut shells or other interesting containers. In the following we have used fir cones, a section of wood, a plant pot and a woven cane ball to hold the food, as they look attractive hanging from a tree even when empty. Different methods will attract different birds. All birds will enjoy eating this type of food.

You could try a special look in December by using festive cookie cutters to create different shapes.

At Christmas why not try making Christmas puds for the birds by using pudding basins, turning the mixture out when set and decorating with a sprig of holly or a few cranberries. These special Christmas puddings could be wrapped up and given as unusual Christmas presents, but don't forget to keep them in the fridge!

Gather together your food ingredients.



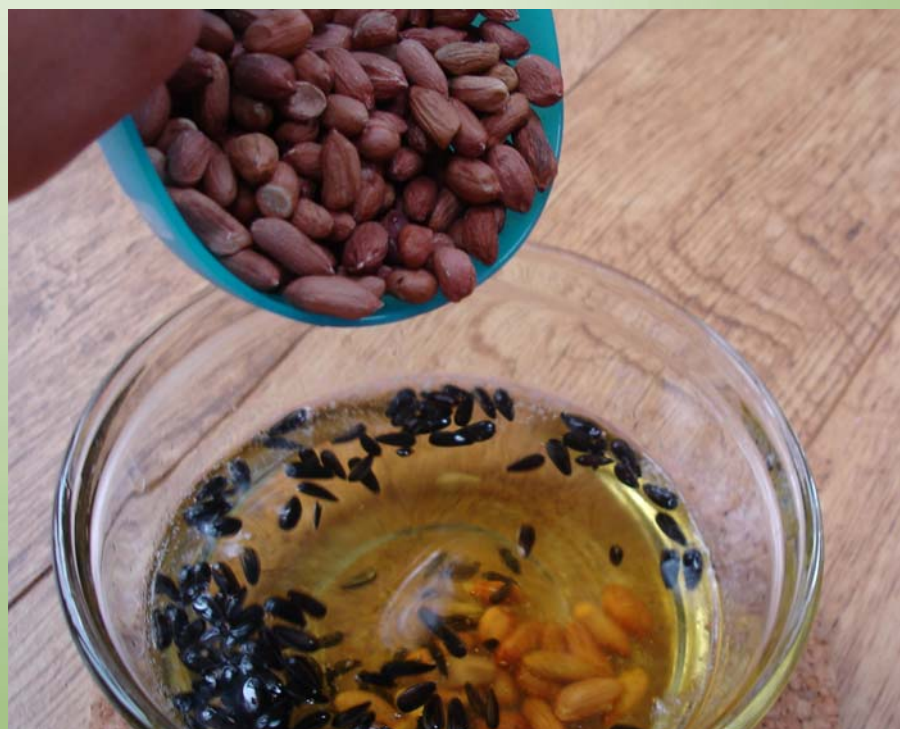


Gather together any pots/containers you want to use.



Slowly, on a low heat in either microwave or in a saucepan melt the fat. You may need an adult to help you with this part as the fat can get very hot.

When the fat is all melted and in a liquid form add all the ingredients to the pan or bowl carefully – taking care not to splash the fat.





Stir the ingredients until the fat coats it all and it appears quite solid.

Before the mixture cools put it into the containers from which you want the birds to feed. (It may be worth doing this part outside as it can be quite messy)  
As the fat cools it will solidify and therefore can be tilted or inverted.



Hang or place the containers where you want the birds to feed.

If you are not using them straight away remember to wrap and put them in the fridge until needed.

